

CHILD TREATMENT & CONSULTING SERVICES

CHILD was created by Dr. Lawrence Bronstein and Deborah Golden Alecson, M.S. Our mission is to help children with cognitive, behavioral, and health challenges and to support their parents and caregivers in this effort by using traditional interventions and educational models along with biomedical approaches.

It is our belief that cognitive development is directly related to physical health. Biomedical imbalances can cause behaviors that interfere with the ability to learn, focus, and pay attention. It has been our experience that children who are diagnosed with autism spectrum disorders (ASDs) and attention deficits (ADD and ADHD) do best when their underlying metabolic disturbances are addressed.

Our combined expertise allows us to evaluate and treat children and to make the necessary referrals for further diagnostics or interventions. We have come to know a wide range of medical practitioners, therapists, and educational specialists to whom we make referrals. It is also our intent to educate and inform others about the biomedical approach and to share the latest research in the field.

Whatever the specific diagnosis, the biomedical approach initially tries to determine whether the child has health issues related to deficiencies and/or need for specific essential vitamins and minerals. In addition to nutritional imbalances, the biomedical approach addresses gastrointestinal problems, immune dysfunction, high levels of heavy metals and other environmental toxins, food sensitivities, allergies and related health issues that may impact autism, learning disabilities, ADD, ADHD, developmental delays, allergies, asthma and other chronic conditions.

Several years ago, Dr. Larry Bronstein met Deborah Golden Alecson and they quickly realized they shared a common interest in children's health. Over time, they worked with mutual clients and found that their combined efforts produced better outcomes.

Their shared philosophy and concern for children's physical and cognitive health led to their radio program "Food for Thought: Children, Nutrition and Learning," which airs on WBCR-Ip 97.7 fm Great Barrington, every Wednesday morning from 8-9:00 am. Their show can also be heard live online at www.berkshireradio.org.

Ms. Alecson and Dr. Bronstein are committed to educating the local community about integrative approaches for childhood illnesses. CHILD Treatment and Consulting Services is the result of this commitment.

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CHILD

Children's
Health
Interventions for
Learning
Disabilities &
Developmental
Delays

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Dr. Lawrence Bronstein earned his B.A. degree in zoology with a concentration in anatomy and physiology at SUNY Oswego. He went on to earn a B.S. degree in human biology and a doctorate in chiropractic at the National University of Health Sciences in Lombard, Illinois.

Dr. Bronstein has been in private practice since 1984 and at Mahaiwe Chiropractic & Holistic Services since 1991. He deepens and strengthens his approach to health care by participating in postgraduate study and on-going education.

He is certified in applied kinesiology, as a nutrition specialist, and as a BioSet™ practitioner. Dr. Bronstein is a diplomate of the American Board of Clinical Nutrition.

Currently, Dr. Bronstein is the president of the NOAH Center (New Opportunities For Achieving Health www.noahcenter.org) in Great Barrington, a non-profit wellness center. The mission of The NOAH Center is to educate and encourage maximum health through self-knowledge and activity.

For more information on Applied Kinesiology and BioSet™ please go to www.berkshirechild.com.

Services Offered

Dr. Bronstein, D.C., C.N.S., D.A.C.B.N. offers chiropractic, dietary and nutritional counseling, enzyme therapy, applied kinesiology and the BioSet™ health system for allergy support.

Deborah Golden Alecson earned her M.S. degree in special education and a B.A. degree in philosophy, both from Hunter College, CUNY. She was awarded a certificate of graduate study in Autism Spectrum Disorders in 2007 from Antioch University New England, Department of Applied Psychology.

Currently, Ms. Alecson works as a therapist and teacher for early intervention and preschool special education. She is an autism specialist and consultant for the Pediatric Palliative Care Program of HospiceCare In The Berkshires, Community Resources for People with Autism and school districts. She is an ongoing substitute therapist for social skills groups and an approved senior therapist for the Autism Waiver Program of the Commonwealth of Massachusetts. Ms. Alecson has been in private practice with children and adolescents since her move to the Berkshires in 2003.

Ms. Alecson is the author of two books: **Lost Lullaby** (University of California Press, 1995) and **Alternative Treatments for Children Within the Autistic Spectrum** (Keats Publishing, 1999). She has lectured on autism and biomedical ethics.

For more information about Deborah Golden Alecson's background, experience, and services, please go to www.berkshirechild.com.

Services Offered

Ms. Alecson offers home, center, and office based services. She does special instruction for challenged learners, early intervention, ABA (applied behavioral analysis) for young children on the spectrum, developmental reports, assessment for autism spectrum disorder, and classroom observations. She acts as a liaison between the family and the school, as well as offering family/care-giver support and advocacy.

WHY ALL THE CONCERN ABOUT AUTISM?

STATISTIC:

The rate of incidence of autism prior to 1990's was 5 in 10,000. In 2007, The Center for Disease Control reported that 1 in 150 children are diagnosed with autism. There are some geographical locations that have an even higher rate of incidence.

“The rise in autism diagnoses, along with the rise in other immune and chronic illnesses, is really a wake-up call. Put alongside the warnings about the ecological instability of our planet, it shows that our situation is serious. It calls for pulling out all the stops and throwing our best intelligence, resources and organizations into *getting a grip*. Autistic individuals may not be “different” from the rest of us but simply “more sensitive” to environmental injury –they may be the “canaries in the coal mine” warning us of impending greater disaster. If the level of environmental insults continue to rise, more children and more adults – and more of life on earth – will experience harm.”

- Martha Herbert, M.D., Ph.D.

“[Autism] is a multifactorial illness, with tissue injury occurring through a variety of self-reinforcing mechanisms. Autism patients require an integrative approach to treatment, rather than a reductionistic approach. So M.D. – type doctors need to learn to think holistically in order to best help autism spectrum disorder (ASD) kids.”

-Stephen Edelson, Ph.D. and Bernard Rimland, Ph.D.